

LIV North, a national provider of fitness and wellness management services, has an immediate opening for a full time Fitness & Wellness Manager at a Corporate Fitness Facility in downtown Toronto. The Fitness Facility, managed by LIV North, includes a group exercise studio and fitness workout area, and supports a membership base of 400 employees.

The Fitness & Wellness Manager is responsible for:

- Managing the onsite fitness facility
- Coordinating the group exercise program
- Providing fitness assessments
- Programming and coaching to employees
- Overseeing the Group Exercise Instructors
- Event promotion and assisting with onsite and offsite events
- Working collaboratively with the organization to provide fitness and wellness programs to their employee population.

The current opening is a full-time position and would require working a variety of shifts between the hours of 6:00 a.m. to 6:00 p.m. Monday to Friday.

Applicants who meet the following criteria and can demonstrate their skill and ability in the following areas should apply:

- A minimum of 2+years' experience in fitness and/or wellness programming
- A proven track record of delivering exceptional Customer Service
- Strong operational and program planning skills
- Teach a variety of Group Fitness Classes for all levels of fitness
- Provide fitness assessments and program design
- Excellent communication skills; including solid knowledge of Microsoft Office, Excel, Outlook
- Able to engage with a diverse population
- Strong collaboration skills
- Events and field marketing experience
- Degree or Diploma in Fitness & Wellness Promotion and/or related
- Hold current certifications including FIS, Personal Training, CPR, First Aid.

Pay range: \$50,000-\$55,000

- Plus: Benefits (after 3 months)